## CHESY STUFFED PEPPERS



## **INGREDIENTS:**

1 Pack Creamy Cheddar Broccoli Soup
3 Cups of Water
6 Medium Bell Peppers
1 Pound of Ground Beef
1 Medium Onion (Chopped)
1 1/2 Cups of Cooked Rice
3 Medium Tomatoes (Chopped)
Salt & Pepper to Taste

PREP	соок	READY IN	
15 Min	20 Min	35 Min	

## DIRECTIONS:

- 1. Preheat oven to 350°F.
- 2. Prepare the Creamy Cheddar Broccoli Soup with 3 cups of boiling water. Set aside.
- 3. Cut off the tops of the bell peppers and remove the seeds.
- 4. In a Dutch Oven, cook peppers in boiling water for 6-8 minutes or until crisp-tender.
- 5. Meanwhile, brown the beef and onion in a skillet. Drain and cool slightly.
- 6. Add the prepared soup, rice and tomatoes to the skillet. Mix it all together.
- 7. Fill each drained pepper with the mixture.
- Place in a baking dish (uncovered) and bake for 20 minutes or until heated through.
- 9. Enjoy:)