



Omega®



OMJCSMVB

USER MANUAL

Time Saving Batch Juicer

LOW SPEED COLD PRESS JUICER

MANUEL DE L'UTILISATEUR

Extracteur de jus par lots à gain de temps

EXTRACTEUR DE JUS À FROID À FAIBLE VITESSE

MANUAL DEL USUARIO

Exprimidor por lotes que ahorra tiempo

EXPRIMIDOR DE PRENSA EN FRÍO DE BAJA VELOCIDAD



Thank You!

CONGRATULATIONS on the purchase of your new Omega product.

At Omega, your health is our business. We're here to provide your body with pure nutrition, boost your energy and help you feel your best – with fresh, delicious, nourishing juices. For over four decades we have been innovators striving to make healthy living easier and more fun. We believe deeply in our family of products that are designed to stand the test of time and allow you to pour the most nutrition and flavor into every glass. Whether you're a novice or a master in the art of juicing, we are here to help you feel your best and squeeze the most out of life.

Follow **Omega Juicers** on social:



PRODUCT REGISTRATION, VISIT:

www.omegajuicers.com/omega-warranty-registration

RECIPES, VISIT:

www.omegajuicers.com/recipes

CUSTOMER SERVICE, VISIT:

www.omegajuicers.com



After using your Omega, we kindly ask you to rate the machine on
www.OmegaJuicers.com

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IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and/or injury to persons including the following:

1. Read all instructions before using this product.
2. To protect against electric shock, do not place or immerse cord, plugs, or appliance in water or other liquid.
3. This appliance is not intended for use by children or by persons with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge. Close supervision is necessary when any appliance is used near children. Children should be supervised to ensure that they do not play with the appliance. Keep the appliance and its cord out of reach of children.
4. Turn the appliance OFF, then unplug from outlet when not in use, before putting on or taking off parts and before cleaning. Allow to cool before putting on or taking off parts, and before cleaning. To unplug, grasp the plug and pull from the outlet. Never pull from the power cord.
5. Flashing light indicates ready to operate (models with stand-by mode). Avoid any contact with blades or moveable parts.
6. Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. Do not attempt to replace or splice a damaged cord. Return appliance to the manufacturer (see warranty) for examination, repair or adjustment.
7. For appliances with markings on plug blade: This appliance has important markings on the plug blade. The attachment plug or entire cordset (if plug is molded onto cord) is not suitable for replacement. If damaged, the appliance shall be replaced.
8. The use of accessory attachments not recommended or sold by the appliance manufacturer may cause fire, electric shock or injury.
9. Do not use outdoors or for commercial purposes.
10. Do not let cord hang over edge of table or counter, or touch hot surfaces, including the stove.
11. Always make sure juicer cover is clamped securely in place before motor is turned on. Do not unfasten clamps while juicer is in operation. Do not attempt to defeat the clamps interlock mechanism.
12. Be sure to turn switch to OFF position after each use of your juicer. Make sure the motor stops completely before disassembling.
13. Do not put your fingers or other objects into the juicer opening while it is in operation. If food becomes lodged in opening, use food pusher or another piece of fruit or vegetable to push it down. When this method is not possible turn the motor off and disassemble juicer to remove the remaining food.
14. Do not use the appliance if the rotating sieve or the protecting cover is damaged or has visible cracks.
15. Models with a separable pulp container: Do not operate without the pulp container in place.
16. Do not use appliance for other than intended use. Misuse can cause injuries. Always use appliance on a dry, stable, level surface.
17. Do not cycle this appliance continuously for more than 5 minutes to avoid overheating the motor. Allow to cool between cycles.
18. For House Hold Use Only.

**SAVE THESE INSTRUCTIONS
HOUSE HOLD USE ONLY**

POLARIZED PLUG

North American models with polarized plugs:



POLARIZED PLUG

This appliance has a polarized plug, (one blade is wider than the other). As a safety feature to reduce the risk of electrical shock, this plug is intended to fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to defeat this safety feature or modify the plug

in any way. If the plug fits loosely into the AC outlet or if the AC outlet feels warm do not use that outlet.

POWER CORD INSTRUCTIONS:

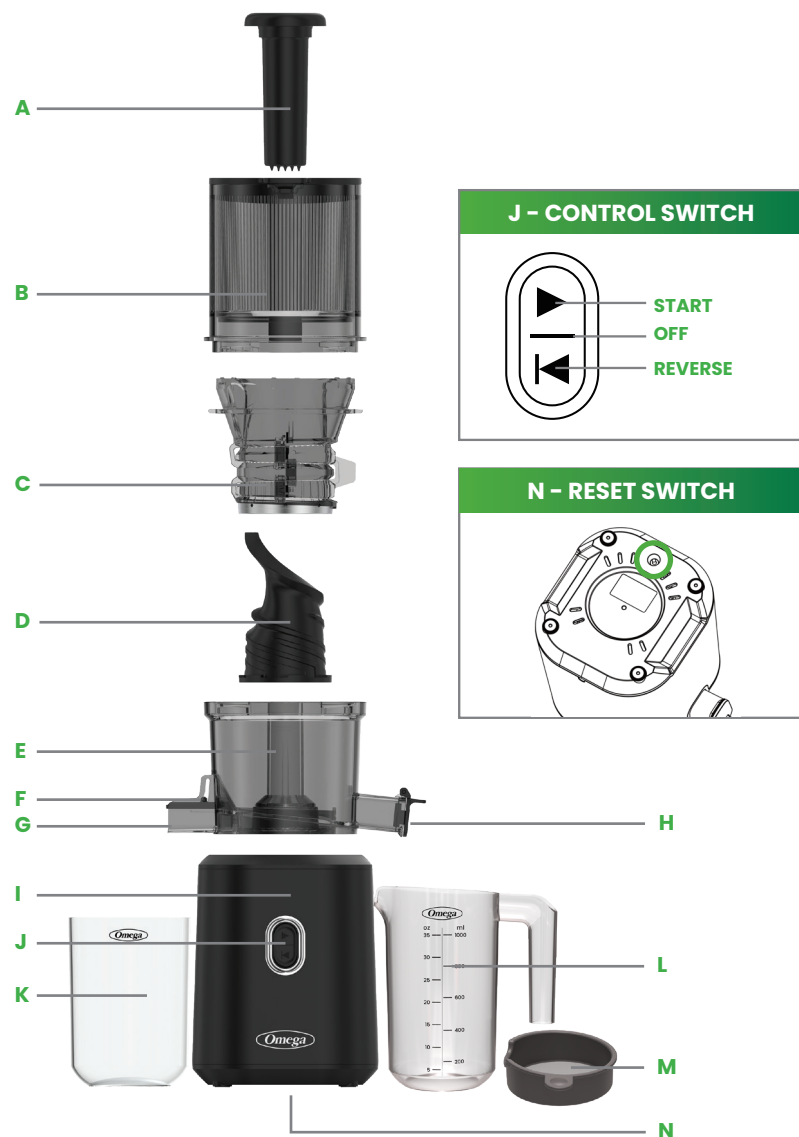
A short power-supply cord or detachable power-supply cord is provided to reduce risks resulting from becoming entangled in or tripping over a longer cord. Longer detachable power-supply cords or extension cords are available and may be used if care is exercised in their use. If a long detachable power-supply cord or extension cord is used:

- a. The marked electrical rating of the cord set or extension cord should be at least as great as the electrical rating of the appliance;
- b. The cord should be arranged so that it will not drape over the countertop or tabletop where it can be pulled on by children or tripped over unintentionally; and
- c. If the appliance is of the grounded type, the cord set or extension cord should be a grounding type 3-wire cord.

Do not pull, twist or otherwise abuse the power cord.

Do not wrap the power cord around the main body of the appliance during or after use.

KNOW YOUR OMEGA JUICER



- | | | |
|------------------------------------|----------------------------|--------------------------|
| A Pusher | F Pulp Outlet Latch | K Pulp Container |
| B Batch Hopper with Lid | G Pulp Outlet | L Juice Container |
| C Easy Clean No Mesh Filter | H Juice Outlet | M Juice Strainer |
| D 3 Stage Auger | I Motor Base | N Reset Switch |
| E Auger Chamber | J Control Switch | |

BEFORE USING YOUR JUICER

Before using your Omega Time Saving Batch Juicer for the first time, remove any packaging material and promotional labels. Wash pusher, hopper, auger, filter screen, chamber, pulp container, and juice container with lid in warm, soapy water. Rinse and dry thoroughly. The motor base can be wiped with a damp cloth. Dry thoroughly. See Cleaning and Maintenance on page 9.

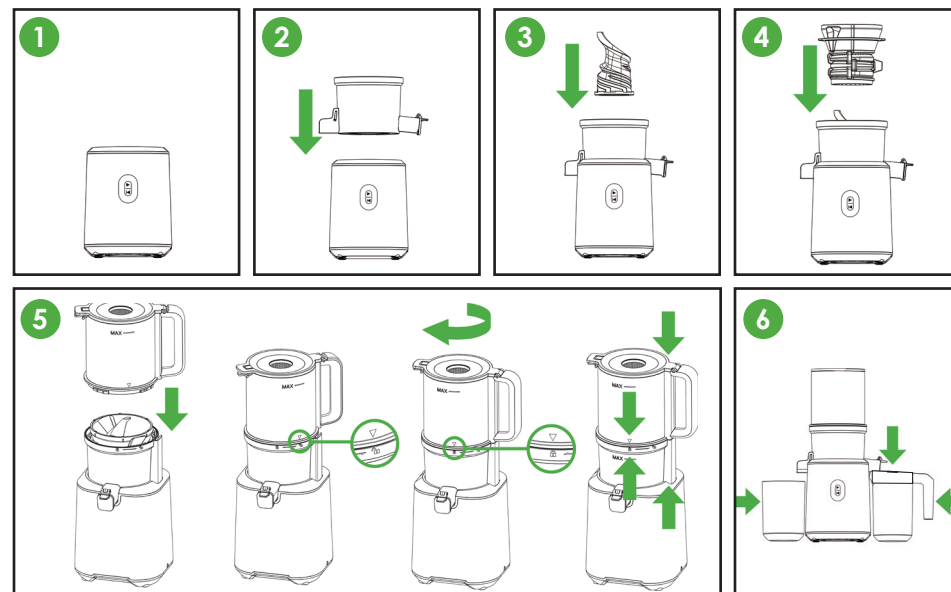
HOW TO ASSEMBLE YOUR JUICER

1. Place the motor base on a flat, dry surface. Plug the unit into an electrical outlet.
2. Place the auger chamber on to the base aligning the pulp outlet on the left and the juice outlet on the right.
3. Place the Auger in the Auger Chamber and twist until the Auger is perfectly secured into the Auger chamber
4. Place the Easy Clean No Mesh Filter over the Auger insuring the filter is securely inserted.
5. Place the Batch Hopper on the assembled Auger Chamber. To securely lock the batch hopper on to the Auger Chamber, align the lock guide from the Batch Hopper with the unlock icon on the Auger Chamber base. Twist until the lock guide from the Batch Hopper is perfectly aligned with the lock icon on the Auger Chamber base.

NOTE: The handle of the hopper should be at the back of the unit.

NOTE: If the internal parts are not assembled correctly, the hopper will not close, and the unit will not operate.

6. Place the Pulp Container on the left side under the pulp outlet and the juice container on the right side underneath the juice outlet. Place the juice strainer on the juice container if you prefer your juice with little to no pulp.



JUICE TIPS, USE & CARE

1. The pulp outlet is equipped with a pulp latch. It is specifically designed to squeeze more juice from the pulp. When juicing, please always keep the latch in its closed position (latch down, with the long side in a horizontal position). Lift the latch (long side in vertical position) when cleaning the appliance.
2. Always wash ingredients before juicing.
3. When batch juicing, always place the leafy greens at the bottom, then the soft fruit and vegetables (celery, apples, pears, oranges...), then the hard fruits and vegetables (beets, carrots...)
4. Cut big ingredients in 2- to 3-inch sections.
5. We recommend thoroughly washing citrus/zesty fruits or peel them before juicing. The zest of citrus fruits can be coated with oily substance that could damage your juicer.
6. Do not use your cold press juicer as a citrus juicer, or to juice large amounts of citrus fruits.
7. Do not load the hopper past the MAX line.
8. Do not juice more than the equivalent of 2 hoppers full of fruits and vegetables at a time.
9. Always rinse the batch hopper, the easy clean no mesh filter, the auger, and the auger chamber between batches to remove the extra pulp that could accumulate inside the auger or in the auger container during the juicing cycle.
10. Do not continuously add ingredients through the hopper lid opening. Always allow enough time for ingredients in the auger chamber to be completely extracted to avoid any risk of clogging.
11. Once the ingredients are completely through the hopper, allow the juicer to run for one more minute to ensure all the juice has been extracted before filling up the hopper again.
12. If you prefer a smoother juice with less pulp, we recommend using a strainer to strain the excess pulp once juicing is complete.
13. Once juicing is complete, run a reverse cycle for a few seconds to loosen the chamber assembly before unplugging and then disassembling it for cleaning.
14. Clean the unit after each use.
15. To clean the easy clean no mesh filter thoroughly, make sure to open it by pushing on the side handle, immerse it in warm, soapy water, and wash with a soft cloth or sponge. Rinse and dry thoroughly.
16. Never use ice in the juicer.

USING YOUR JUICER

1. Before plugging the power cord into the outlet, make sure the power switch is at the " — " OFF position, the power switch has three settings: " ► " indicates "ON", press the power switch to " ► " position to activate the motor and start making juice; " — " indicates "OFF" position, press the power switch to " — " position to turn off the machine; " ◄ " means reverse rotation, which is only used when food is jammed in the auger chamber. Pressing the reverse button pushes the ingredients upward releasing the food clog. **NOTE:** Do not use the reverse button during juicing cycle. It may interfere with the operation.
2. Make sure the juice container and the pulp container are in position. Open the juice outlet flap to prevent backward flow.
3. The pulp outlet is equipped with a pulp latch. It is specifically designed to squeeze more juice from the pulp. When juicing, please always keep the latch in its closed position (latch down, with the long side in a horizontal position). Lift the latch (long side in vertical position) when cleaning the appliance.
4. Load up the ingredients in the hopper up to the Max line. We recommend loading the hopper starting with leafy greens at the bottom, then soft, with hard at the top.
NOTE: Please remove any hard seeds before juicing.
NOTE: Do not fill up ingredients past the maximum fill line on the batch hopper.
5. To add ingredients while the juicer is running, open the lid to add larger ingredients or add smaller ingredients to the center hole.
NOTE: The juicer will stop running once the lid is open. Close the lid to resume operation. Then flip the switch to ON position.
6. For plant-based milk, we recommend adding the ingredients through the hopper lid hole while the machine is running.
7. Once the ingredients are through the hopper, allow the juicer to run for one more minute to ensure all the juice has been extracted.
8. Empty the juice and pulp container as needed to prevent overflow.
NOTE: It is not recommended to process coconuts or similar hard foodstuffs, since this may damage the motor.
NOTE: It is not recommended to process hard fruit or vegetable rich in fiber and starch, such as sugarcane.
NOTE: The food pusher is used for pushing the food down during the juicing cycle.
CAUTION: Do not turn the power switch from " ► " to " ◄ " or from " ◄ " to " ► " directly at any time during operation. If required, first change the switch to " — " position to stop the juicer before changing the switch from " ► " to " ◄ " or from " ◄ " to " ► ".
9. During operation, if the machine is stuck, first press the power switch to " — " position, then press the reset button located at the bottom of juicer (see Fig. N on page 5). Press and hold the power switch to the " ◄ " position for few seconds. If the reverse function cannot work, turn off the machine and we recommend disassembling the juicer and reassembling following the correct assembly instructions.
NOTE: We recommend running the juicer for no more than 5 minutes at a time. Minimum 30 minutes rest time must be maintained between continuous two cycles.
NOTE: During operation, if the interlock mechanism of the machine is disconnected, the motor will stop running. In most cases simply make sure the lid is properly close to resume operation. If issue persist, reassemble the batch hopper onto the chamber base to resume operation.
NOTE: We do not recommend processing hard frozen ingredients in the juicer. Make sure frozen ingredients have been soften before processing them in the juicer.
NOTE: Never use ice in the juicer.

CLEANING AND MAINTENANCE

1. To loosen the chamber assembly, before cleaning run a reverse cycle for a few seconds before unplugging the unit.
2. Empty the pulp container and juice container.
3. Unplug the power cord from the outlet.
4. Lift assembled chamber/hopper set from the base.
5. To clean the pulp outlet, push the pulp outlet cover up and rinse it under the running water.
6. Turn the batch hopper clockwise to unlock it from the chamber.
7. Take all accessories apart to wash.
8. To clean the Easy Clean No Mesh Filter more thoroughly, make sure to open it by pushing on the side handle.
9. These parts can also be washed on the top rack of the dish washer.
NOTE: If using a dishwasher, please make sure to only wash using the Normal or Eco setting, not the high temperature setting (less than 75°C/167°F).
10. Wipe the Motor base with a soft, damp cloth. Never submerge in a liquid.



WARRANTY

Appliance 3-Year Limited Warranty

The Legacy Companies ("the Company") warrants this appliance from failures in the material and workmanship for three (3) years on the motor and 1 year for all other parts from the later of the date of purchase or delivery to the original owner, provided that the appliance is operated and maintained in conformity with the Instruction Manual. During this period, your exclusive remedy is repair or replacement without charge of this appliance or any component found to be defective at the Company's discretion. If the appliance or any component is no longer available, the Company will replace it with a similar one of equal or greater value. This warranty is void if the appliance is used for anything other than single-family indoor household use with voltage of other than 120 Volts.

This warranty is null and void, as determined solely by the Company, if the appliance is damaged through accident, misuse, abuse, negligence, scratching, or if the appliance is altered in any way. Likewise, this warranty is null and void if the serial number is removed from the appliance, the appliance is serviced or modified by an unauthorized person, or the appliance is used with a power converter or power adapter.

THIS WARRANTY IS IN LIEU OF ALL IMPLIED WARRANTIES, INCLUDING WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE, PERFORMANCE, OR OTHERWISE, WHICH ARE HEREBY EXCLUDED. IN NO EVENT SHALL THE COMPANY BE LIABLE FOR ANY DAMAGES, WHETHER DIRECT, INDIRECT, INCIDENTAL, FORESEEABLE, CONSEQUENTIAL, OR SPECIAL ARISING OUT OF OR IN CONNECTION WITH THIS APPLIANCE.

You may have other legal rights depending upon where you live. Some States or Provinces do not allow limitations on warranties so the foregoing may not apply to you.

If you think the appliance has failed or requires service within its warranty period, please contact the Customer Care Department through our website at

www.omegajuicers.com

"Warranty Claim & Policy" → "Warranty Claims". A receipt proving the original purchase date will be required for all warranty claims, handwritten receipts are not accepted. You may also be required to return the appliance for inspection and evaluation. Return shipping costs are not refundable. The Company is not responsible for returns lost in transit.

Valid only in USA and Canada.

PRODUCT SPECIFICATIONS

NOTES

Product Name	Omega Time Saving Batch Juicer
Model Name	OMJCSMB
Rated Voltage	120 VAC
Rated Frequency	60 Hz
Rated Power Consumption	150 W
RPM	55 RPM
Cord Length	47 inches (1 m)
Motor	DC motor
Weight	9.5 lb (4.2 kg)
Outward Dimension	8.5" Width (218 mm)
	9.1" Length (231 mm)
	18.1" Height (461 mm)
Rated Operating Time	Less than 10 minutes

[illegible]



Juicing is what we do.
Pure & Simple.



Inflammation

Inflammation, in the simplest sense, is your immune system fighting off something harmful. That can be an injury, virus, bacteria, toxins, even foods your body deems harmful to you. Long term exposure to immune system irritants such as infection, chemicals and inflammatory foods can result in chronic inflammation. Study after study shows chronic inflammation to be at the root of most disease. From allergies and asthma, to heart disease and cancer, to autoimmune diseases including rheumatoid arthritis and lupus, chronic inflammation is present and plays a big role.

Eating fruits and vegetables has shown to significantly help with reducing inflammation. Fresh juices make it so easy to increase your intake of the fruits and vegetables that contain the most anti-inflammatory compounds.

We've put together a few delicious combos that are easy to make, easy to drink and will give your inflammation a run for its money.

Fire Fighter

Prepare and juice

- 4 Carrots.**
- 1 Wedge Pineapple.**
- 1 Chunk Turmeric.**

Delicious, refreshing and full of the antioxidants that help squelch inflammation.



Apple Berry Elixir

Prepare and juice

- 2 Cups of Blueberries.**
- 2 Apples.**
- 2 Cups of Spinach.**

Blueberries are one of the top anti-inflammatory foods! Pair that with delicious apple and the inflammation curbing vitamin K found in spinach and you have a great way to start your day!



The Zesty Zinger

Prepare and juice

- 1 Lemon Wedge.**
- 1 Slice of Ginger.**
- 1 Cup of Grapes.**
- 1 Bunch of Kale.**

Ginger is a well-known inflammation buster. Coupled with the vitamin and mineral rich kale and the vitamin C in lemon, this juice is a powerhouse of prevention.



Weight Loss

The idea is not to lose weight to be healthy, it's that when we are healthy we lose unnecessary weight. When we increase the healthy foods we eat, we crowd out the unhealthy foods, and a byproduct of that is dropping unwanted pounds and inches. Starting your day with a fresh juice not only gives you the vitamins and minerals to reduce cravings, it sets the stage for having a healthy day. When you start with something super nutritious, you tend to make better decisions over the course of the day.

Bottoms up to healthy choices!

Green and Clean

Prepare and juice

- 2 Lemons.**
- 4 Green Apples.**
- 1 Cucumber.**

Chock full of flavor, nutrients and antioxidants, this tart and hydrating blend is a fantastic way to start your day on the right foot.



365 Celery Juice

Prepare and juice

- 1 Head of Celery.**

Celery juice is a natural anti-inflammatory! High in phytonutrients and antioxidants, this single ingredient juice couldn't be easier to create... and get down the hatch!



Turn up the Beet

Prepare and juice

- 2 Lemons.**
- 2 Carrots.**
- 2 Apples.**
- 2 Beets.**

Start your day with this rainbow of phytonutrients and you're sure to continue making healthy food choices throughout the day.



Spice of Life

Prepare and juice

- 1 Lemon.**
- 1 Cucumber.**
- 1 Chunk Ginger.**
- 1 Pinch Cayenne.**

Wake up your metabolism with this zesty powerhouse! These simple ingredients are full of the nutrition and flavor you need to spice up your morning!



RECIPES

Mood Booster

We're tired, we're cranky, we have a hard time focusing...all of that typically leads to being in a bad mood. When we're properly hydrated and nourished, that can have a positive impact on our daily temperament and our ability to focus and pay attention. These recipes give you what you need to clear your head and keep on keeping on, with a smile on your face.

The Juice Buzz

Prepare and juice

- 2 Lemons.**
- 4 Green Apples.**
- 1 Cucumber.**
- Spinach.**

You'll have smiles for miles when you start your day off with this light, refreshing, nutrient packed masterpiece!



Fog Lifter

Prepare and juice

- 1 Beet.**
- 1 Lemon.**
- 2 Pineapple Spears.**
- 1 Cucumber.**

Brain fog can be a real bummer. Clear the skies with this vitamin rich, refreshing dose of healthy antioxidants.



RECIPES

Energy

Not enough sleep. The afternoon slump. It's time to workout and you've got no juice. There are so many reasons we reach for coffee, energy drinks and anything we can get our hands on to keep moving. They work for a little while, but then you crash. These juices give you the energy you need, in a way that offers nutrition and even, crash-free energy. Start your day with fresh juice, or reach for a juice when you need to recharge, you'll feel the difference in days.

Agua Zesta

Prepare and juice

- Watermelon Spears.**
- 1 Chunk Ginger.**

Full of flavor, phytonutrients, vitamins and enzymes...you'll love starting your day with this beautiful and tasty juice!



Morning Glory

Prepare and juice

- 4 Carrots.**
- 1 Chunk Ginger.**
- 2 Lemons.**

Full of flavor, phytonutrients, vitamins and enzymes...you'll love starting your day with this beautiful and tasty juice!



Sleep

In a stress filled world, we all have a hard time getting a good night of rest. Whether you have a hard time falling asleep, or staying asleep, the nutrition packed juices in this section will help you get the zzz's you need. Juicing for sleep gives your body the vitamins and minerals it needs to truly rest. This isn't a quick fix that will leave you groggy in the AM, following a juicing lifestyle gets to the root of the problem and helps you sleep all night, every night.

Shut Eye

Prepare and juice

4 Leaves Romaine Lettuce.

1 Handful Parsley.

1/2 Cucumber.

2 Carrots.

1 Rib Celery.

Add this soothing juice to your nighttime routine, no less than an hour before you go to bed. Within days, you'll feel a difference.



Citrus Soother

Prepare and juice

2 Lemons. 2 Oranges.

Vitamin C has been shown to reduce cortisol, the stress hormone that is often associated with sleep issues. Enjoy this delicious juice no less than an hour before bed and get ready to sleep the night away.



Cucumber Slumber

Prepare and juice

1 Cucumber. 1 Lemon. Green Apple.

Cucumbers contain a lot of magnesium, a mineral which has shown to help with both sleep quality and duration. Enjoy this delicious juice no less than an hour before bed and get ready make some zzz's.



Constipation

Even though it's one of the most frequently reported gastrointestinal issues, no one likes to talk about constipation. Getting backed up is a horrible feeling. The bloating, the discomfort, the frustration...it's pretty horrible. Quick fix, over the counter solutions don't get to the root of the problem in the same way that daily proper nutrition can. Simply add one of these juices to your day and we're confident you'll see "movement" in the right direction.

The Unicorn

Prepare and juice

1/2 Head Red Cabbage.

2 Lemons.

1 Apple.

Cabbage has been shown to soften stool, which can help keep things moving. But who likes to eat cabbage? Now you can drink it in this delicious, stunningly beautiful drink. You won't believe how pretty this juice is!



Clean and Green

Prepare and juice

1 Pear.

1 Lemon.

2 Handfuls Spinach.

Pears have always been a go-to fruit when the topic of constipation comes up. This refreshing blend has all the vitamins, minerals and enzymes you need to get your digestive juices flowing.

