

PURELAND (5) 6 OZ. GOURMET BEEF POT ROAST

Nutrition Facts	
5 servings per container	
Serving Size 1 Pouch 6.0 oz (170g)	
Amount per serving	
Calories	260
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 650mg	28%
Total Carbohydrate 10g	4%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 25g	
Vitamin D 0mcg	0%
Calcium 62mg	4%
Iron 3mg	15%
Potassium 588mg	15%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: BEEF, WATER, WHITE ONION, TOMATOES (ITALIAN PLUM TOMATOES, TOMATO PUREE, BASIL LEAF, SALT, CITRIC ACID [NATURALLY DERIVED]), MODIFIED CORN STARCH, WORCESTERSHIRE SAUCE (DISTILLED WHITE VINEGAR, MOLASSES, SUGAR, WATER, SALT, ONIONS, ANCHOVIES, GARLIC, CLOVES, TAMARIND EXTRACT, NATURAL FLAVORINGS, CHILI PEPPER EXTRACT), MUSHROOMS, RED WINE, BEEF BASE (OVEN ROASTED BEEF WITH NATURAL JUICES, SALT, HYDROLYZED SOY PROTEIN, MALTODEXTRIN (FROM CORN), SUGAR, CORN OIL, NATURAL FLAVORING, WHEY POWDER (FROM MILK), RICE FLOUR, ONION POWDER, DISODIUM INOSINATE, AND DISODIUM GUANYLATE), EXTRA VIRGIN OLIVE OIL, SALT, MUSHROOM POWDER, GARLIC, BLACK PEPPER, SOY LECITHIN, DRIED THYME, BAY LEAVES, DRIED SAGE, DRY PARSLEY.

CONTAINS: MILK, SOY, FISH (ANCHOVY) CONTAINS SULFITES