

CLEAN LIVING™

# Plant Milker™

## FAQ's

- How long does the Clean Living Plant Milker milk typically last in the fridge?
  - Homemade, plant-based milks typically last 3-5 days in the fridge. You can add a pinch of sea salt to the water in the base when making milk to help with freshness.
- Does the temperature of the water matter when filling up?
  - Either hot or cold water is ok. When the milk is being "cooked", the end result will produce warm milk.
- Is milk separation normal?
  - Yes, separation is totally normal! Plant-based milks without additives and fillers naturally separate over time. Just shake it up and it will be ready to enjoy!
- Can I store my milk in the Plant Milker?
  - Yes you can, however for maximum freshness, we recommend storing in an airtight, glass container.
- Do I have to strain the pulp before drinking?
  - Absolutely not. It is complete preference on how smooth or pulpy you would like your milk to be.
- How much milk is made in one batch?
  - Depending how much water you fill it up with, you can produce as much as 4+ cups of fresh milk
- Can you use quick oats instead of old fashioned to make oat milk?
  - Yes, either is fine.
- Do you have to soak the nuts beforehand?
  - Soaking the nuts is not required but we do recommend it for a smoother milk.
- Can coconut water or other liquids be used in the base of the machine in place of regular water?
  - Yes!
- Can rice milk be made in the Plant Milker?
  - Yes, but the rice should be cooked before using it in the Plant Milker.
- How do I make the milk thicker?
  - Natural plant-based milk isn't thick. Thickness is normally the result of artificial thickening agents meant to make milk seem "silky". There are natural tricks to making milk thicker--- we recommend adding rolled oats along with other nuts to make the milk thicker, naturally.
- My Plant Milker machine starts blending, stops and then starts blending again, is this normal?
  - Yes! The Plant Milker has a 3-stage blending cycle to help ensure proper blending of the ingredients. Once the cycle is complete the unit will turn off & you will hear a series of beeps.