

Choose from two measuring techniques to help you find your wrist size for bracelets & bangles.



Using Flexible Measuring Tape

- With your palm open and facing up, wrap the measuring tape around your wrist, just above your wrist bone (toward your elbow, not your hand).
- 2. Note the measurement of your wrist circumference in inches.

Using String or a Paper Strip

- 1. With your palm open and facing up, wrap the string or strip of paper around your wrist, just above the wrist bone (toward your elbow, not your hand).
- 2. Mark where the ends meet with a marker or pen.
- 3. Lay the string or strip of paper flat next to a ruler.
- 4. Measure from the end of the paper to where you've made the mark (in inches). That is the circumference of your wrist.

Helpful Tips

- For a snug fit that doesn't move much: Add 1/4" to 1/2" to your wrist size measurement.
- For a comfort fit that moves but remains above your hand: Add 3/4" to 1" to your wrist size measurement.
- For a loose fit that drapes down on your hand: Add 1-1/4" to your wrist size measurement.
- When in doubt, size up.