

YÖR smart ring

use & care guide

by **Letsfit**

1. FUNCTION INTRODUCTION



SLEEP

Scientific monitoring sleep data. Effectively help to improve sleep quality.



FINGER TEMPERATURE

Finger temperature monitoring and analysis. Scientific management of physical status.



BLOOD OXYGEN

Periodic monitoring and analysis of blood oxygen. One-key to detection of blood oxygen.



HEART RATE

Resting heart rate and active heart rate. Periodic monitoring and analysis.



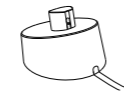
RECOVERY

Care of various body indicators. Provide body recovery reports.

2. PACKING LIST



Smart Ring 1



Charging Dock 1



Charging Cable 1



Manual 1

3. BASIC PARAMETERS

Model Name	Yör Smart Ring
Product material	Stainless steel
Communication method	Bluetooth LE5.0
Sensor	Heart Rate, Blood Oxygen, Temperature, Accelerometer
Battery life	4-6 days
Battery	Lithium polymer batteries
Charging method	Magnetic charging
Charging time	≤1.5hrs
Working temperature	-68°F to 122°F
Storage temperature	-86°F to 158°F
Charging temperature	32°F to 104°F
Waterproof rating	IP68 waterproof

4. CONNECTIONS

1. Search for the "YOR RING" APP in Apple App Store or Google Play Store and download the APP.

2. Place the ring on the charging cable connected to the power source and the ring will be automatically activated. (Every time you pair the ring, you need to put it on the charging cable to keep it charged.)

3. Open "YOR RING" APP, Click the Add Ring button on the home screen to enter the ring pairing interface and search for the ring.

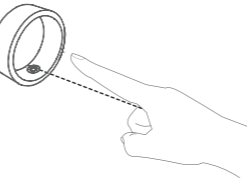
4. When the ring appears in the Bluetooth list, choose it to start pairing; If no ring is found, check the charging dock power connection and that the ring is charged.

5. Wait for a few seconds, the APP will automatically connect and pair the ring. During pairing, the ring will flash the green LED light for 5 seconds.

6. If you need to unpair it from your device, click "Unpair Ring" on the settings window of the APP. If you're using an iPhone, you'll also need to manually "Forget This Device" to delete the ring from the list of paired Bluetooth devices in your phone's Bluetooth setting.

5. WEARING

When wearing, the ring sensor area should be on the palm side of your finger, as shown in the illustration below.



6. CHARGING

Charging with the cable

1. Connect the charging cable to the USB port, then align the ring magnet with the charging cable thimble as shown. The ring flashing red indicates that charging is in progress, if it flashing green indicates that the battery is fully charged.

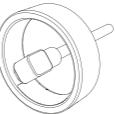
2. If the ring is charged according to the illustration and there is no light prompt on the ring, please check whether there is any stain on the charging contacts between the ring and the charger, and wipe it clean before charging.



Ring Charging Port



Charging Cable Contact



Charging Cable Contact and Magnet Align to Charge

Charging with the charging dock

1. Connect the charging dock with USB adapter, then put the ring on the charging dock as shown on picture.

2. When the ring is properly connected to the dock, the red light will light for 10 seconds, if not properly connected, the red light will turn off immediately. If that occurs, please check the charging connection. After being connected for 10 seconds, the red or green light will flash every second to indicate the charging status: a flashing red light indicates charging, a flashing green light indicates ring is fully charged.



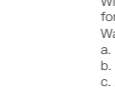
Ring charging port



Charging Dock charging port



Place the ring on charging dock and align magnets to charge



To remove ring, push ring to disengage magnets and lift ring from the dock

7. SAFETY AND CAUTIONS

To ensure optimal performance and to avoid dangerous or illegal situations, please read and observe the following use scenarios and operating environment precautions.

1. The ring includes a built-in battery. The battery is not replaceable. Do not disassemble or modify the ring or battery.

2. To avoid injury, do not allow children or pets to swallow the ring.

3. Keep product away from open heat sources or open flames, such as ovens, electric heaters, etc. Do not throw the ring into fire or expose ring to open flames.

4. Some users may experience an allergic reaction to the plastic, stainless steel, or other materials used in the ring's construction. Long term contact with the allergen may cause the area to become red/irritated, swollen, or inflamed. If symptoms arise, please stop using and consult a doctor.

5. The radio waves generated by the device may affect the normal operation of implanted medical devices or personal medical equipment, such as pacemakers, hearing aids, etc. Please consult with the device manufacturers for restrictions on the use of this equipment.

6. Please do not dispose of the device and its accessories as ordinary household garbage. Please observe local regulations for the disposal of the device and its accessories. Support recycling actions wherever possible.

8. WARRANTY

With normal use, the ring and the charging dock are warranted against manufacturer defects for 12 months from the date of purchase.

Warranty will be voided for damage caused by the following:

- Unauthorized disassembly or modification
- Inadvertent drops during use
- All man-made damage or damage due to third-party negligence

Cracks caused by external force, damage to external components, or scratches are not covered by the warranty.

9. SPECIAL INSTRUCTIONS

1. This manual is made based on the existing information, and in the principle of continuous improvement and continuous development, our company reserves the right to change the product specifications or functions and modify/improve any products described in this manual.

2. The contents in this manual are provided according to the condition of the product at the time of manufacture. Unless otherwise specified by applicable laws, no explicit or default warranty of any kind is made for the accuracy, reliability and content of the document. Any claim based on the data, illustrations or text descriptions in this manual will not be accepted.

3. This product is not a medical device. The data and information provided are for reference only.

4. If the outer frame of the ring is removed without authorization, any warranty will be void.

5. The illustrations in this manual are for reference only. Please refer to the actual item for detailed views.

FCC Statement: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

CAUTION: Any changes or modifications not expressly approved by the grantee of this device could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Importer: Deale International • 1967 NW 22nd St. • Oakland Park, FL 33311
Telephone Number: 888-757-7697

Get started now!



YÖR RING

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app from the Apple App Store.

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